Framework for Implementation of Mindset Interventions (FIMI) Reporting Checklist for Growth Mindset Interventions

**Instructions:**

1. Complete the [Template for Intervention Description and Replication Checklist](http://www.equator-network.org/wp-content/uploads/2014/03/TIDieR-Checklist-PDF.pdf) (Hoffmann et al., 2014)\*.
2. Complete the FIMI checklist, below, to enhance complete reporting of growth mindset interventions.

Information to include when describing a growth mindset intervention and the location of that information:

|  |  |  |
| --- | --- | --- |
| **Intervention Dimension** | Primary paper (page or appendix) | Other\*\*(details) |
| **Adherence:** In responding to TIDieR Checklist Item 3 and 4 (WHAT) be sure to: |  |  |
| Describe the trait(s) or domain(s) targeted in the malleability message. |  |  |
| Describe how the malleability message was conveyed. |  |  |
| Describe the attitude change tactic(s) used. |  |  |
| **Delivery Competence:** In responding to TIDieR Checklist Items 3 and 4 (WHAT) be sure to: |  |  |
| Describe the extent to which neuroscience information was provided to bolster malleability message. |  |  |
| Describe whether and to what extent scientific evidence for mindsets was provided. |  |  |
| Describe use of social norms and/or social modeling. |  |  |
| Describe content designed to reduce blame and encourage compassion, including value of help-seeking. |  |  |
| Describe content related to conveying benefits of growth mindset and personal relevance of content. |  |  |
| Describe extent to which metaphors are designed to be “sticky” or memorable. |  |  |
| **Adaptations:** In responding to TIDieR Checklist Items 3 and 4 (WHAT) be sure to: |  |  |
| Describe **message content** that was included *beyond the malleability message.* |  |  |
| Describe any **skills or strategies**, if any, that were emphasized or taught as part of the intervention. |  |  |
| Describe any **additional elements** of the intervention not reported above. |  |  |
| **Intervention Setting:** In responding to TIDieR Checklist Items 5, 6, and 7 (WHO PROVIDED, HOW, WHERE), be sure to: |  |  |
| Describe who administered the intervention (e.g., a teacher, a researcher). |  |  |
| Describe who presented the malleability message (message source). |  |  |
| Describe the mode (how) of delivery (e.g., was the intervention delivered online, in person, or some combination?). |  |  |
| Describe the setting (where) of delivery (e.g., was the intervention integrated into an existing curriculum?). |  |  |
| **Dose:** In responding to TIDieR Checklist Item 8 (WHEN AND HOW MUCH) be sure to:  |  |  |
| Report the total number of sessions or contact points. |  |  |
| Report the total time that participants received the intervention. |  |  |
| **Participant Responsiveness:** In responding to TIDieR Checklist Items 11 and 12 (HOW WELL) be sure to: |  |  |
| Describe intervention assessments of participant engagement (content quizzes; attention checks) |  |  |
| Describe intervention elements to increase participant interest and processing of information |  |  |

\* This checklist is a supplement to the [Template for Intervention Description and Replication Checklist](http://www.equator-network.org/wp-content/uploads/2014/03/TIDieR-Checklist-PDF.pdf). This checklist supplements the TIDieR checklist (Hoffman et al., 2014) but is not a substitute. The reporting recommendations in the FIMI checklist are those of the authors and are not endorsed by the EQUATOR network. More information on TIDieR can be found at:

Hoffmann, T. C., et al. (2014). Better reporting of interventions: Template for intervention description and replication (TIDieR) checklist and guide. BMJ, 348, g1687. <https://doi.org/10.1136/bmj.g1687>

**\*\***From the TIDieR Checklist: **“**If the information is not provided in the primary paper, give details of where this information is available. This may include locations such as a published protocol or other published papers (provide citation details) or a website (provide the URL).”

When citing the FIMI Checklist, please use the following reference:

Burnette, J., Knouse, L.E., Billingsley, J., Earl, S., Pollack, J., & Hoyt, C.L. (2022). A systematic review of growth mindset intervention implementation strategies. Manuscript submitted for publication.